



# STRONGER TOGETHER

## PROGRAM ELIGIBILITY

A diagnosis of FASD or a confirmed history of prenatal alcohol exposure combined with recent assessments indicating the probable presence of FASD.

### Potential participants must

- Live in Winnipeg or within a 1 hour driving radius
- Be 16 years of age or older
- Have an accompanying funding/referral source

**Reception** 204-925-1928  
**Outreach Program** 204-294-5857  
**Residential Support Program** 204-291-6465  
**Visions & Voices Program** 204-899-3556

**Website** [www.initiativesjc.org](http://www.initiativesjc.org)  
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**Initiatives  
for Just  
Communities**



[www.initiativesjc.org](http://www.initiativesjc.org)



## FETAL ALCOHOL SPECTRUM DISORDER (FASD)

The term FASD describes the range of physical characteristics and brain differences that may affect a person who has had prenatal exposure to alcohol. Most often there are no physical characteristics to indicate a person has FASD; FASD is a brain-based disability.

## TOUCHSTONE FASD PROGRAM

The name Touchstone describes the mentoring relationship between program staff and program participants. Within this relationship mentors work towards becoming a “reference point” or “touchstone” for participants.

Touchstone also provides education for communities in which participants live. As the community’s FASD awareness and understanding spread, participants consequently experience increased dignity and the growth of new opportunities; like the ripples of a skipping stone.

## OUR VISION

That all of our participants live in welcoming, accommodating communities; allowing for their growth, belonging and success.

## OUR MISSION

To assist our participants to enjoy a better quality of life by supporting them in their everyday situations and by advocating on their behalf in their communities.



### TOUCHSTONE PROGRAMS INCLUDE

- The Outreach Program (Independent living supports)
- The Residential Support Program
- The Visions and Voices Program

### AT TOUCHSTONE WE WILL

- Mentor participants using a FASD, harm reduction and trauma informed lens
- Build healthy therapeutic relationships with participants
- Acknowledge the importance of cultural identities and strive to provide support that is culturally safe
- Reach out to participants who are not easily accessible but are seeking to connect
- Celebrate and nurture participants' strengths, growth and successes
- Advocate on behalf of participants and their families
- Develop residential support models for individual participants when appropriate
- Support participants who are 18 years of age through the transition to adulthood/adult services
- Collaborate with families, funders, and all other external agencies who are a part of the participants' support team in order to provide holistic services for each participant
- Promote awareness of FASD in communities across Manitoba through Touchstone's Vision and Voices Program
- Ensure that participants have access to food and emergency shelters

