

Initiatives for Just Communities: El'dad Outreach Program

Our Emphasis:

The purpose of the El'dad Outreach Program is to assist adults living with intellectual disabilities within the southeastern area of Manitoba to live independently in the community with our support. We seek to encourage positive choices while empowering the individual to achieve their goals, thereby increasing their ability to be successful and to enjoy quality of life. This is accomplished by providing participants with direct coaching, learning opportunities and life skill building, while also bringing alongside other natural supports within the community.

We Will:

The El'dad Outreach Program will create and provide client-directed programming for each participant, including case management and direct service. We do this using a SMART Goal, strength-based, person-centered approach that celebrates success. We also remain curious about situations while understanding that often these individuals “can’t” instead of “won’t”. Our outreach staff are there to develop healthy, trusting relationships, to meet program participants where they are at, and to support and encourage participants to achieve their goals while being a resource to access during any given situation that he or she may not be able to interpret, translate or understand. We will:

- Build healthy and professionally therapeutic relationships with each program participant and their existing circles of support;
- Accompany and support program participants in their life experiences using a harm reduction and trauma informed lens;
- Assist program participants to develop strengths and life skills and to celebrate growth and successes whenever possible;
- Provide culturally safe support for each program participant;
- Reach out to program participants, actively seeking to connect with them when participants are not easily accessible;
- Advocate on behalf of program participants and their families.

Utilize Enhanced Program Support and Case Management by:

- Helping individuals who are aging out of care or require additional coordination of transitional supports;
- Coordinating with other professionals to ensure that each participant receives holistic & multi-disciplinary supports;
- Ensuring that program participants have access to adequate housing;
- Nurturing and facilitating circles of support in the community for program participants.
 - When it is appropriate for some of our participants, we will:
 - Work within a harm reductional model for addictive behaviours;
 - Develop integrated support plans for those with exceptional needs;
 - Assess safety concerns for program participants and staff and deliver services accordingly;
 - Develop safety plans addressing self harm and other risky behaviours.

Individuals are eligible for services if:

- They have a documented intellectual disability as determined by Family Services (as opposed to mental illness). Dual diagnosis is acceptable and common in individuals but the intellectual disability is what carries the funding for the program. FASD is also common among participants at El'dad;
- They live within the southeastern area of Manitoba;
- They are 18 years of age or older;
- There is an accompanying funding source.

Contact Information:

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