



El'dad Ranch Day Program

Day Program Overview

The El'dad Day program is a comprehensive, proactive, and integrated part of El'dad. It is a multifaceted program providing participant support in life skills, vocational training, and assistance in designing a future of choice for both men and women with intellectual disabilities. The fundamental outcome is to achieve community involvement for our participants through meaningful employment.

El'dad Ranch Day Program objectives:

- Individualized, participant directed planning
- Increased self esteem / Emotional growth
- Job readiness / Skill / Social skill development
- Continued learning
- Supported community employment

Eligibility Requirements:

Adults:

Male or female, over 18

Intellectual Disability

Documented intellectual disability as determined by Family Services. (As opposed to mental illness)
 Dual diagnosis is acceptable and common in the individuals coming but the intellectual disability is what carries the funding for the program. FASD is also common among participants at El'dad

Desiring Change

• Willing and desiring to participate in a program where they can grow in areas of their choice that is both positive and productive.

First Step: CSWs should contact Initiatives for Just Communities via email, <u>referrals@initiativesjc.org</u> or the Eastman Region Family Services Supervisor (204-346-6259)













Phase One: Getting Started

Upon entry to the program, a new participant starts attending our Day Program and Training Centre.

Staff Support

• All participants receive staff support in the form of group or individual meetings to address issues arising in their lives. All participants are encouraged to attend weekly chaired meetings to voice their concerns and make recommendations and provide ongoing feedback to the program.

Socialization and Recreation

 Participants are encouraged to spend time learning about current events and having guided discussions about topics that interest them. There are also plenty of activities and an overall focus on fun throughout the day

Life Skill Modules

 Daily life skill modules are offered during this phase of the Day Program. Spread throughout each day, there are 20-minute life skill modules that participants can work through at their own pace. There is an emphasis on life skills that further independence

Vocational Training

 We also work on basic vocational skills such as communication, and respect. Establishing a routine of regular attendance and commitment helps us determine readiness for Phase Two. At which point we work on resume building and interview skills.

Phase Two: Hands on Vocational Training

Participants can apply for Phase Two in our Social Enterprise; El'dad Products and Services. We provide on-site support in various programs, depending on the season and the skills of the individual. These programs assist in a variety of ways:

Work Ethic

Participants have the opportunity to acquire basic work ethic routines such as getting ready for work
on time, staying on the job, following instruction, dressing appropriately, working under a supervisor,
and working within a team environment. Soft Skills including appropriate behaviour including language
and manners required to be successful in the workplace are reviewed daily.













Responsibility

 Those who learn and demonstrate these skills effectively may be encouraged to apply internally for various "Lead Hand" positions within the Day Program enabling them to gain experience in training others and modelling work readiness attitudes

Training Allowance

We provide an incentive based training allowance to participants of the Day program. The amount
allocated reflects area of growth including attendance, attitudes and respect for fellow workers,
customers and staff alike. Progress is reviewed bi-weekly with feedback on areas for growth regarding
employment in the community.

Participants engage is a variety of activities to learn skills and assess what jobs they would be successful in. Some key areas they work in are:

Vehicle Maintenance

• Our vehicle maintenance program includes a service bay complete with hoist and welding equipment where participants may learn skills related to automotive mechanics and metal fabrication. Participants have the opportunity to learn the basics in Oil changes, brake replacement and car detailing.

Building Maintenance

• El'dad Ranch's Building Maintenance program includes servicing lawn & garden equipment as well as repairing various buildings on the property and at our Mitchell location. They may learn skills in commercial cleaning, driveway leveling, glass replacement, drywall repair and painting.

Nutrition

 The participants learn skills and training preparing meals for the work crew. They receive training in basic nutrition and safe food handling techniques related to the Canada Food Guide. All skills acquired can be transferred to the food service industry

Carpentry

El'dad Ranch has a full service carpentry shop where wood-based projects are constructed with staff
and participants. Examples of the work include picnic tables, furniture refinishing as well as small
building construction. Participants learn the safe operation of all power tools including saws, drills, and
lathes. El'dad specializes in custom woodworking and all carpentry requests of the agency both
internally and in the community.













Projects

 Throughout the year, there are opportunities to be involved with animal care including beef calves, honeybees as well as dogs on the property at the Ranch. They may also be involved in our Garden / Landscaping Program maintaining a garden and learning transferable skills in maintaining El'dad Ranch's 20-acre property.

Community Work Projects

• El'dad Ranch provides supervised work projects in the community with an emphasis on independence and positive interaction with fellow crewmembers and customers alike. Examples of the projects include municipal composting, fence / deck repair and house painting in and around Steinbach. There are additional opportunities in furniture moving in the community. The program is constantly expanding to address the needs of the community. Participants may also be involved with the Steinbach Farmer's Market receiving skills in customer service, money handling marketing goods and services of El'dad Ranch.

Phase Three: Community Employment

El'dad will support:

Transitioning to Employment

• El'dad supports work experience opportunities including construction, restaurants, grocery stores, gas stations etc. A participant may receive additional training options via other agencies in the region that may include High School Equivalency (G.E.D.), computer applications and driver's education. This may also include referrals to Employment Manitoba for subsidies to employers for on-the-job training opportunities.

Contact Information:

Referrals: referrals@initiativesjc.org

For more information:

Visit our website: https://www.initiativesjc.org/wpblog/

Email us: <u>info@initiativesjc.org</u>Telephone: 204-326-1050







