

## El'dad Outreach Program

### Outreach Overview

The objective of the El'dad Outreach Program is to assist adults living with intellectual disabilities within the Eastman region of Manitoba to live independently in the community with supports. We seek to encourage positive choices while empowering individuals to achieve their goals, thereby increasing their ability to experience success and enjoy the quality of life they deserve. This is accomplished by using a SMART Goal, strength-based, person-centered approach that celebrates growth. We also provide participants with direct coaching, learning opportunities, and life skill building while also bringing alongside other natural supports within the community.

### Eligibility Requirements

- Age 18 and older.
- Must meet eligibility requirements for the Community Living disABILITY Services Program through Family Services. Eligibility for participation is based on established needs for the individual, available resources, further assessment, and participation in provided supports. It should also be noted that eligibility for Community Living disABILITY Services does not immediately guarantee attendance/placement in any of El'dad's programs.
- Potential participants must meet the criteria for living independently with supports.

### Supports

- In the Outreach Program there is a team of Direct Support Workers who are available to assist with goals, life skills, and community involvement.
- All participants are encouraged to engage in supports to achieve goals through person-centered and strength-based planning.
- Assisting with goal development using SMART goals and celebrating success.
- Providing a holistic approach to supports.
- Supporting participants with building and maintaining positive relationships in the community. Assisting with the facilitation of connections based on common interests, hobbies, and recreational activities.

### Additional Supports Available

- Event nights
  - Access to weekly events
    - Games Night, Movie Nights, Music Nights, Sports Nights



- Life Skills Development Centre
  - The Life Skills Development Centre is an El'dad site located in Mitchell and is available to participants at El'dad pending referral. This is determined during the planning process with CSWs.
- Day Program
  - The Day Program, which focuses on developing work skills, is located at the El'dad Ranch and is available to participants at pending referral. This is determined during the planning process with CSWs.

**Contact Information:**

Referrals: [referrals@initiativesjc.org](mailto:referrals@initiativesjc.org)

For more information:

- Visit our website: <https://www.initiativesjc.org/wpblog/>
- Email us: [info@initiativesjc.org](mailto:info@initiativesjc.org)
- Telephone: 204-326-1050

