



# El'dad Residential Program

#### **Program Overview**

• The El'dad Residential Program offers 24/7 support to residents in the Eastman Region. Our aim is to provide comprehensive residential assistance to individuals facing challenges in maintaining their basic needs. Residents in the program live in homes leased and maintained by El'dad, ensuring their fundamental necessities are met, including food, shelter and transportation. The homes are staffed around the clock, with staff-to-resident ratios tailored to individual needs.

# **Participant Criteria**

• El'dad Residential Program primarily serves adults with intellectual disabilities who require the highest level of support. Participants must be either supported by Community Living and Disability Services or Provincial Alternative Support Services.

#### **Residential Support**

Residents receive 24-hour support from our dedicated Residential staff. Staff-to-resident ratios are
determined on a case-by-case basis, ensuring personalized care. By being part of El'dad, individuals
gain access to a wide range of events, workshops, and social groups. We foster a safe, non-judgmental
environment where residents can explore their individuality and learn from their experiences. Our
support approach is solution-focused, strength-based, person-centered, and incorporates harm
reduction strategies when appropriate.

## El'dad Case Management

- Case planning is a cornerstone of our program, and El'dad specializes in providing expert support to individuals with complex psychosocial needs. This involves various components:
  - Participant Profile: Comprehensive understanding of each resident's needs and preferences, especially those with complex psychosocial challenges.
  - Assessments: Thorough evaluations to tailor support plans, addressing the unique requirements of participants with complex needs.
  - SMART Goals and Life Skill Development: Setting achievable goals and fostering life skills.
  - Client-Centered Support Plan: Customized plans that prioritize individual needs. Coordinating
    with Direct Support Workers involves regular one-on-one meetings and team gatherings. Our
    Direct Support Workers are extensively trained, including Non-Violent Crisis Intervention, First
    Aid, Adults Living with an Intellectual Disability Act, and IJC specialized training modules.













### **Support for Residents**

• Residents receive continuous support, including supervisory on-call assistance for emergencies. Life skills workshops are conducted to empower individuals and enhance their independence.

#### **Direct Support Workers**

- Our Direct Support Workers work closely with residents, House Coordinators, and Case Managers to follow individualized support plans. Their responsibilities include:
  - o Building positive relationships with residents.
  - Assisting in life skills development and personal goal achievement.
  - Aiding in meal preparation and chores.
  - o Facilitating community integration.
  - Advocating for residents.
  - o Providing transportation to appointments, activities, and day programs.

#### **Home Coordination**

- El'dad ensures eligible homes are secured and licensed by the Government of Manitoba, Community Living disAbility Services Licensing. We match residents with homes, considering compatibility among residents. Each home has a Coordinator responsible for:
  - Providing leadership and training to the support team.
  - Scheduling and directing the resident's support team.
  - Ensuring residents' ongoing development and meeting daily needs.
  - o Compliance with legal requirements and policies, including Government Licensing.
  - Collaborating with the residents, Case Manager, and Direct Support Staff to follow the support plan and goals.
  - Reviewing incident reports and mediating conflicts when necessary.
  - o Participating in the on-call phone rotation.
- All residential homes undergo annual reviews by Community Living disAbility Services Licensing to maintain licensing standards, ensuring the highest quality of care for individuals with intellectual disabilities.

#### **Contact Information**

Referrals: referrals@initiativesjc.org

#### For more information:

Visit our website: https://www.initiativesjc.org/wpblog/

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